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Name: \_\_\_\_\_

Date: \_\_\_\_\_

### RECOMMENDED NUTRITION SUPPLEMENTS - 2

- \_\_\_ Arterosil (Calroy Health Sciences) – Take 1 capsule by mouth twice daily with a meal.
- \_\_\_ Neo40 Professional (Humann) – Dissolve 1 tablet on tongue twice daily before a meal.
- \_\_\_ CoQnol 100 (Designs for Health) – Take 1 softgel by mouth once daily with a meal.
- \_\_\_ CoQnol 200 (Designs for Health) – Take 1 softgel by mouth once daily with a meal.
- \_\_\_ Curcum-Evail 400 (Designs for Health) – Take 1 softgel by mouth once daily with a meal.
- \_\_\_ DHEA 5 mg (Designs for Health) – Take 1 capsule by mouth once daily with a meal.
- \_\_\_ DHEA 25 mg (Designs for Health) – Take 1 capsule by mouth once daily with a meal.
- \_\_\_ D-Evail Synergy (Designs for Health) – Take 1 capsule by mouth once daily with a meal.
- \_\_\_ D-Evail Supreme (Designs for Health) – Take 1 capsule by mouth once daily with a meal.
- \_\_\_ D-Evail 10K (Designs for Health) – Take 1 capsule by mouth once daily with a meal.
- \_\_\_ Homocysteine Supreme (Designs for Health) – Take 2 capsules by mouth once daily in AM.
- \_\_\_ L-Arginine 750 mg (Designs for Health) – Take 1 capsule by mouth three times a day.
- \_\_\_ Liposomal Glutathione (Designs for Health) – Take 1 ml (2 pumps), swish in mouth for 30 seconds, then swallow, twice daily before a meal.
- \_\_\_ Metabolic Synergy (Designs for Health) – Take 3 capsules by mouth twice daily with a meal.
- \_\_\_ OmegAvail Hi-Po (Designs for Health) – Take 1 capsule by mouth twice daily with a meal.
- \_\_\_ ProbioMed 100 (Designs for Health) – Take 1 capsule by mouth once daily with a meal.
- \_\_\_ ProbioMed Women (Designs for Health) – Take 1 capsule by mouth once daily with a meal.
- \_\_\_ Resveratrol Supreme (Designs for Health) – Take 1 capsule by mouth once daily.
- \_\_\_ Taurine (Designs for Health) - Take 1 capsule twice daily for 2 weeks, then 1 capsule daily.